



Help Keep Your Child Lead Safe

Protect your child from dust and loose pieces of lead-based paint.





Teach children to wash their hands before meals, after playing outside, and at bedtime.

Wash toys, bottles, and pacifiers often.







Always damp mop. Clean floors, window sills, window wells, and play areas often.

Eat foods and snacks that contain calcium, iron, and vitamin C.





Avoid eating imported candy and spices. Some may contain harmful amounts of lead.